

Articles of interest for IMSA students and families



[“Age of Distraction: Why it’s Crucial for Students to Learn to Focus”](#) By Katrina Schwartz December 5th, 2013

[“School Stress Takes A Toll on Health, Teens and Parents”](#) By Patti Neighmond December 2, 2013

[“Raising Social Media Teens Means Constant Parental Learning”](#) By Laura Sydell October 29, 2013

[“Losing is Good for You”](#) By Ashley Merryman September 24, 2013

[“Even When Told True Risks, Kids Often Misjudge Them”](#) by Nancy Shute September 10, 2013

[“Parents' Harsh Words Might Make Teen Behaviors Worse”](#) by Nancy Shute September 5, 2013

[“College-Bound Kids And The Emotions of Primate Parents”](#) by Barbara J. King August 15, 2013

[“How To Turn Down The Heat On Fiery Family Arguments”](#) by Patti Neighmond April 29, 2013

[“Sleep Study Reveals How the Adolescent Brain Makes the Transition to Mature Thinking”](#) University of California - Davis Health System March 18, 2013

[“Neurologists Warn Against ADHD Drugs To Help Kids Study”](#) by Nancy Shute March 14, 2013

[“Sacrificing Sleep Makes For Run-Down Teens — And Parents”](#) March 01, 2013

<http://www.rocamora.org/publications/articles>

[“Parents, Just Say No To Sharing Tales Of Drug Use With Kids”](#) by Sarah Zielinski February 22, 2013

[**“Three Huge Mistakes We Make Leading Kids...and How to Correct Them”**](#) by

Tim Elmore February 15, 2013

[**“How Parents Can Learn To Tame A Testy Teenager”**](#) by Patti Neighmond

February 11, 2013

[**“Why You Truly Never Leave High School: New science on its corrosive, traumatizing effects.”**](#) by Jennifer Senior Jan 20, 2013

[**“Why Some Kids Have An Inflated Sense Of Their Science Skills”**](#) by Shankar

Vedantam December 21, 2012

[**“Teenage Brains Are Malleable And Vulnerable, Researchers Say”**](#) by Jon

Hamilton October 16, 2012

[**“High School Daze: The Perils Of Sacrificing Sleep For Late-Night Studying”**](#) by

Allison Aubrey August 21, 2012

[**“Helping Students Motivate Themselves”**](#) by Katherine Schulten January 9, 2012

[**“Homesickness isn't really about 'home'”**](#) by Derrick Ho August 16, 2010

[**“Young Teens Really Are Shortsighted, But Don't Blame Impulsivity”**](#) Society for

Research in Child Development February 9, 2009